

Time Table 3/9/2009	7.00- 8.30am	Morning	12 - 1pm	Afternoon		Evening			Late
<b>Monday</b>	<b>Adults</b>	Parent + Infant Lesson 10.30-11am	<b>PUBLIC</b>	5 x 60 3.15 - 4pm	Lessons 4-4.30	Swimming club 4.30-6.30	<b>PUBLIC</b> <b>6.30 - 8pm</b>	<b>Adult Lessons</b> <b>7-7.30</b>	Gents 8-9pm
<b>Tuesday</b>				Over 50's 3.45-4.30	Swimming club 4.30-6.30	<b>PUBLIC</b> <b>6.30 - 8 pm</b>		Aqua Aerobics 8-9pm	
<b>Wednes- day</b>	<b>Adults</b>		<b>PUBLIC</b> <b>(Aqua Natal 12.30-1.15)</b>	Aqua Aerobics 3.15-4pm	Lessons 4-5pm	<b>PUBLIC</b> <b>5.00 - 6.30pm</b>		Canoe Club 6.30 - 8	Ladies 8 - 9pm
<b>Thursday</b>				Staff Training 3-4pm	Lessons 4-5pm	<b>PUBLIC</b> <b>5.00 - 6.30pm</b>		Swim- ming Club 6.30-8.30	Adults 8.30- 9.30pm
<b>Friday</b>	<b>Adults</b>		<b>PUBLIC</b>	Over 50's 3.45-4.30	Swimming club 4.30-5.30	<b>PUBLIC</b> <b>5.30 - 6.30pm</b>		Swimming Club 6.30-8.30 pm	
<b>WEEKEND</b>									
<b>Morning</b>				<b>10.30am - 12pm</b>		<b>12-1pm</b>	<b>1-3.30pm</b>	<b>3.30- 6.30pm</b>	
<b>Saturday</b>	Swimming club 9 -10.30am			<b>Family fun</b>		Saturday Swim Club +disability Lessons	<b>PUBLIC</b>	Private hire & parties	
<b>Sunday</b>	Swimming club 7.45 -9.45am	<b>Adults</b> <b>9.45-10.30am</b>	<b>Family fun</b>			Inflatable or WaterWalkerz	<b>PUBLIC</b>	Private hire & parties	